

Magazine

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Social Media Advantages and Disadvantages

By 5A03 Chow Cuini Trinity



We can't live without Social Media these days. While it can be very useful, it could affect us negatively if we do not use it wisely.

Social Media is useful for communication, people can FaceTime their friends and relatives anytime and anywhere. Especially during COVID-19.

Social Media is also good for learning, people can learn how to cook, how to speak different languages, how to do makeup and many more.

While there are advantages of using social media, there are also disadvantages, too. Talking to people can be hard because we are all glued to our phones and digital devices. With fewer chances to interact with people, we will no longer know how to communicate with others.

Social media platforms can also attract negative behaviour. Horrible comments can be posted with a tap of a few buttons from the person behind the screen. The exposure comments can lead to anger, sadness and poor mental health.





In conclusion, social media is extremely convenient, but it could affect us negatively if we do not use it wisely. We need to have self control, start planning a daily routine for social media. It will be healthier for your mind and yourself.



Interesting Facts About Social Media

1. 88.8% of people at the age between 10-24 years old own a mobile phone in Hong Kong.
2. 37% of students have given up their outdoor activities over online one's.
3. Over two thirds of students (both primary and secondary students) spend one hour or more on social media platforms and using the internet.



